



# **The Alford American Family Association**

**Serving the Alford community over 25 Years**  
**We Are Family!!**

## **Vera Vistoula Alford Heise**

**AAFA # 0133**

**Charter Member**

May 17, 1914 – January 7, 2016



**1933, New Orleans, LA**  
**Student Nursing days**



**2015, Happy Days in**  
**Garden in Mahtomedi, MN**

### **Obituary**

Vera A Heise

Age 101, of Mahtomedi, passed away on Jan. 7, 2016.

Preceded in death by husband, Herbert. Vera is survived by children, Paul, Valerie (Charles), Cynthia (Conrad), Mary-Susan and Elizabeth; grandchildren, Meryle, Kathryn, Sandor and Freya; 5 great-grandchildren and brothers, Charles Herbert and Dallas Alford.

She was from a small farm in Marie, LA. Vera graduated from Mercy Hospital with a degree in nursing. Most of her nursing career was spent at St. John's Hospital in St. Paul.

Vera volunteered her free time in varying nursing pursuits and St. Andrew's Church activities. Beekeeping, gardening, long time member of the DAR and painting were just a few of Vera's favorite activities. She was an ardent reader and a loving mother, grandmother and great-grandmother.

A memorial service will be held on Tuesday, Jan. 19, 2016 at 10 a.m. with visitation at 9 a.m. Interment will directly follow the service at the church columbarium at St. Andrew's Lutheran Church in Mahtomedi. In lieu of flowers, memorials are preferred to the Salvation Army.

Information was copied from the [PressPub](#) web page.

## **Personal Data**

Birth: 17 May 1914  
Marie, Tangipahoa Parish, Louisiana, USA  
Death: 07 Jan 2016 (aged 101)  
Mahtomedi, Washington County, Minnesota, USA  
Burial: Saint Andrew's Lutheran Church Columbarium  
Mahtomedi, Washington County, Minnesota, USA  
Memorial ID: 197693953



Photo Added by: [KWH](#) on 20 Mar 2019

## Family Members

- Parents
  - Homer Marshall Alford, 1883-1963
  - Hazel Belle Hammond, 1896-1989
- Spouse
  - James Herbert Heise, 1905-1981 (m. 1941)
- Siblings
  - Howard Alford, 1915-1915
  - Velma Leona Alford Van Duren Mooney, 1916-2007
  - Infant Brother, 1918-1918
  - Calvin Dwight Alford, 1920-1920
  - Lewis James Alford, 1921-2005
  - Doris Marie Alford Ryan, 1921–1986
  - Charles Herbert Alford, 1928-2020 (AAFA #0611)
  - Dallas Marshall Alford, 1931-xxxx
  - Joyce Lorraine Alford, 1935–1935
- Children
  - Paul Friedrich Heise, 1943–1965
  - Valerie Heise
  - Cynthia Heise
  - Mary-Susan Heise
  - Elizabeth Heise

Information copied from the [Find-A-Grave](#) and [Ancestry](#) web pages.

### AAFA Notes:

1. Her Alford lineage: Vera Vistoula 1914 LA<sup>1</sup>, Homer Marshall 1883 LA<sup>1</sup>, Marshall Thomas 1839 LA<sup>2</sup>, John Seaborn 1807 LA<sup>3</sup>, Jacob 1761 NC<sup>4</sup>, Julius 1717 VA<sup>5</sup>, James 1687 VA<sup>6</sup>, John 1645 VA<sup>7</sup>.